



Rotary Opens Opportunities

R.Y. 20-21

R.I. Dist.
3060

Charter Date
05-03-1965

Club No
15204



R.I. President
Rtn. Holger Knaack

District Governor
Rtn. Prashant Jani

NEWS WHEEL

FORTNIGHTLY CLUB BULLETIN

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BULLETIN OF ROTARY CLUB OF UDHNA

FOR PRIVATE CIRCULATION ONLY 2020-21/04.

Note : All meetings shall be virtual on zoom / Google meet till further instruction.

Next Meeting

Sunday, August 16, 2020
(Shifted from Thursday, Aug.20, 2020)

Program : Yog Garba : Combining Indian Cultural Activities for Health Benefits.

Conducted by : Mr. Anish Rangrej (IAGD)

Time : 08:00 am to 09:00 am

OBITUARY

Family of R.C. of Udhna is saddened to learn about the journey to heaven of our beloved ones. "They are gone from our sight, but they will always remain in our hearts, in our memories". GOD, we love them, please take care of them.



Mrs. Shobhaben M. Belani, mother of Ann Nidhi Yayati Desai left us on July 29, 2020.



Ann Binota Kalyan Banerjee left us on August 01, 2020.



Shri Kantilal Khushaldas Jariwala, father of our Rtn. Anil Jariwala left us on Aug. 07, 2020.



Shri Rajanikant H. Shah, father of our Rtn. Mitul Shah left us on Aug. 10, 2020.

Forthcoming Meetings

Thursday, August 27, 2020
Program : Quiz : Famous Personalities.
Curators : Annets

RTN. JENNIFER E. JONES



of R. C. of Windsor-Roseland, Ontario, Canada is nominated for

PRESIDENT – R.I. for 2022-23.

First woman to be PRESIDENT of Rotary International in the 115 year history.

Rtn. Jones will officially become President Nominee on October 01, 2020 if no other candidates challenge the decision. She is a Rotarian since 1997.

"As we reflect upon our new strategic priorities, we could have never envisioned that our ability to adopt would become our North Star during what is inarguable the most profound time in recent history" Jones said in her vision statement. "Silver linings rise out of the most challenging circumstances. Using metric-driven goals, I will harness this historic landscape to innovate, educate and communicate opportunities that reflect today's reality."

"I believe that diversity, equity, and inclusion...begins at the top and for us to realize growth in female membership and members under the age of forty – these demographics need to see their own reflection in leadership", Jones said. "I will champion double-digit growth in both categories while never losing sight of our entire family"

Rtn. Jones is founder and President of Media Street Production Inc., an award-winning media company in Windsor. She was Chair of the Board of Governors of the University of Windsor and Chair of the Windsor Essex Regional Chamber of Commerce. She has been recognised for her service with YMCA Peace Medallion, the Queen's Diamond Jubilee Medal and Wayne State University Peace maker of the Year Award, a first for a Canadian. Jones holds a Doctor of Laws (LL.D).

Rtn. Jones is current Trustee of TRF and is the co-chair of the End Polio Now Countdown to History Campaign Committee, which aims to raise \$150million for polio eradication efforts.

Rtn. Jones & her husband, Nick Krayacich, are members of The Rotary Foundation's Arch klumph Society, Paul Harris Society and the Bequest Society.

Birthdays

Aug. 16 Annet Miraj Ashish Desai
22 Mr. Ashish Desai (Rtn. Ami Desai)

MS. KRUTI DESAI ON DIET CONCEPT...

On July 16 we had amidst us a holistic dietician **Ms. Kruti Desai**; after **Sgt.-At-Arms Vishal Bhandhara** called meeting to order; **President Rtn. Vishal Merchant** welcomed all present on the virtual platform; more specifically the guest speaker Ms. Kruti Desai – Dietician by profession who was invited to guide all present because people eat more during lockdown & were confused on what would be ideal diet in these Covid – 19 times.

After greetings; under the new concept of “know your Rotarian”; where a new member is given 5 minutes to self introduce; it was very stylish & beautiful **Ar. Rakhi Desai** who in “DON” movie style introduced herself as RAKA DON. From a successful architect to visiting faculty at SCET architecture to developing a hobby turn to business of Exotica Dry fruit bouquets; she also has walked the ramp for a jewellery company. It was a innovative self introduction.

Ann Nirali Niraj Choksi – a soft spoken & a talented ann of our club introduced the guest speaker as a Diet consultant who propogates “Health is precious Wealth”.

Ms. Kruti Desai started her presentation on “holistic approach on health and nutrition”. She said that Dadi & Nani use to give apt food; traditional and culture oriented food is more helpful. The pandemic forced to change food habits & eat food enhancing immunity. Our thali is a complete meal. Herbs are anti bacterial. 30 percent depends on life style & remaining on diet but exercise is natural anti depressant.

After a very informative talk there was a hurricane of questions to which Ms. Kruti Desai replied with patience; concluded that to boost immunity it is essential to work out / exercise, stay happy / positive thinking, balanced nutrition, sound sleep etc. We also had **Ms. Hiral** (sister of Ann nirali Choksi & Rtn. Rakhi) all the way from USA participating.

Hon. sec. Chetan Jariwala alongwith next meeting announcement also gave information on community service project.

Rtn. Chetan Desai proposed vote of thanks expressing the speech as informative session while Q & A very interesting. Rtn. Vishal Bhandhara adjourn the meeting.

CLOSE ENCOUNTER WITH CORONA - EXPERIENCES ...

It was Thursday, July 23, 2020; 8.30p.m. and the charming & stylish Rtn. Rakhi Desai as Emcee started the meeting in her eloquent style.

President Rtn. Vishal Merchant welcomed all expressing his joy as members suffering from Corona had recovered while wishing speedy recovery to Rtn. Manhar Dakoria and PP.Rtn. Ravindra Choksi who were admitted for health reasons other than Corona.

Under know Your Rotarian; **Rtn. Vishal Bhandhara** in his frank self introduction talked about his life journey coming from a average family who started his career as an assistant to a photographer and the trouble he faced travelling during monsoon saving his laptop allowing oneself to wet. But, after hard work today he is managing a 25 crore worth portfolio of Mutual Fund; thanking Rtn. Vishal Merchant as his mentor. Also, successful dealing in General Insurance; currently taking care of more than 50 cases of Covid for Insurance policy. LIC presented award for maximum business; while Bajaj Alliance offered tour to Germany for outstanding performance. A flute / bansuri player, follows Osho, a solo traveller & introvert by nature.

Emcee Rakhi in her shayrana andaaz invited first person **PP. Rtn. Devang Munim** who by his roaring voice informed that he is now absolutely normal; while sharing a quote of Bruce Lee he shared his journey when taken to Hospital for a City scan by Tejal, Prakash & Pratibha; he thought he would be coming back home but shocked as he was when Doctor informed that you are going straight for isolation in Hospital room. Aghast, he could not even meet Tejal, Prakash & Pratibha. Alone in room, afraid, full of fear of what would happen but a person with strong will power decided to give a counter blow. Rotary Family, Friends, business Partners, Chidren & grand children gave tremendous support. The very thought that Tejal was all alone in a huge home scared him; ten days on a bed he could see only ceiling & ppe kit hospital staff but his daughter Pooja & son Kavish fuelled positive thoughts requested to start writing and he did which relieved him. Talking with friends, relative gave so much of relief. He concluded by thanking all.

Ann Tejal Devang Munim shared the experience from Devang in emergency ward to a hospital special room & how tough it was going back home without Devang. But, she added, “that we are socially so much connected that I received positive energy for all nook & corner including support from a domestic help”.

Prayers & good wishes helped more than anything and chanting of mantras played a catalyst. Started writing gratitude messages which also helped gain positive thoughts.

Rtn. Mehernosh Todiwala and his wife both suffered; as an insurance surveyor he attended a fire case in Jay Chemicals; in return journey he experienced breathing problem and as he is also asthma patient, it was difficult. We were home quarantined with all medicines prescribed but unfortunately our son also got infected. Daughter was the real star who took the charge but was successful in keeping herself safe. He concluded that positive attitude and steam inhalation was a great help.

Also, present was **Dr. Biren Sitwala** who was introduced by very energetic and gentle **Rtn. Paras Mehta**.

Dr. Biren in his very apt address cited Covid 19 as a new virus, shifted to human for the first time so worldwide pandemic, enters through nose, mouth, eyes; major source is droplet infection, surface touch infection chances are less, virus enters lungs starts multiplying, attacks lungs but can affect other body parts; incubation period 2 to 14 days; fever – dry cough etc. are common symptoms; city scan required because nasal snob test not sensitive; simple lab test are like markers; good food, good sleep, exercise & keeping hydrated helps improve immunity; stay safe at home avoid unnecessary meetings; don't take this lightly.

The question and answer lasted very long which helped clear several myths.

Hon. secretary **Rtn. Chetan Jariwala** – a fit & healthy Rotarian gave information about next meeting. A chip of the old block, simple & down-to-earth **PP. Rtn. Nirbhay Desai** proposed vote of thanks. **Sgt-At-Arms Rtn. Vishal Bhandhara** adjourn the meeting.

Emcee Rtn. Rakhi Desai took us through with panache'.

PRAYER MEETING...OUR HOMAGE TO PP. RTN. RAVINDRA CHOKSI ...

Saturday, July 25, 2020 was a black day for family of R. C. Of Udhna as we lost to GOD Almighty, our Kohinoor in form of the most loved, most humble, most friendly, simple, affable, a benevolent Rotarian PP. Ravindra bhai Choksi.

PP. Rtn. Devang Munim in our specially dedicated meeting on Thursday, July 30, 2020 anchored the condolence meet as Family of Udhna, well wishers & friends paid homage to PP. Rtn. Ravindra Choksi.

This virtual meet was attended by Ann Minoo ben Ravindra bhai Choksi, Ann Nirali, Rtn. Niraj Choksi, Annet Nirmay, Ms. Urvi (D/o of Ravindra bhai) & Niharika (D/o. Ms. Urvi) over & above appx. 130 persons including PDG. Rtn. Devendra Shastri, Mr. Jignesh Desai (NJ Group), PP. Rtn. Hardik Nayak, our Ex-Rotarian Jaysingh Ved from Goa, Mr. Nayan Bharatya, Mr. Bipin Choksi (Ex-Rotarian & close friend of Ravindra bhai) and many more.

A specially prepared prayer by Ann Tejal Munim was played after which starting from charter member PP. Rtn. Tarun Dave, PDG. Rtn. Devendra Shastri, PDG. Prafull Bhatt, PP. Rtn. Rajanikant Marfatia, PP. Rtn. Ubeyy Lokhandwala, PP. Rtn. Prakash Patel, Rtn. Rakhi Desai, Rtn. Hardik Nayak, Mr. Jaysingh Ved, Mr. Bipin Choksi and many others went down the memory lane remembering Ravindra bhai as a person, as a friend, as a community man, as a Rotarian, as a Trustee of number of Institutes / Trusts, as a guide, as a down to earth human being to a mesiha.

Rtn. Niraj Choksi expressed his gratitude on behalf of the Family and he added that the Family was humbled by the messages and support extended.

I admit my inability to report this meeting in detail; as the virtual screen on Thursday, July 30, 2020 haunt my memory – sadness, teary faces, wet eyes, grave voice, grief – all for that one man whom we all knew as **RAVINDRA CHUNILAL CHOKSI... WE LOVE YOU RAVINDRA BHAI.**

WATER CONSERVATION IN ANCIENT SURAT...

Thursday, August 06, 2020 on our virtual platform we had amidst us a very learned speaker who is a researcher, a historian and a man who loves to collect facts **Mr. Mitul Trivedi**.

A very vibrant and a learned structural Engineer **Rtn. Nilesh Shah** in his innate style anchored the meeting. After the greetings, Rtn. Nilesh invited our club's senior most and a charter member PP. Rtn. Tarun Dave to speak about himself under "Know Your Rotarian".

Active and vibrant at the age of 86 yrs. and still yearning to remain a cent percent attendance Rotarian; it was **PP. Rtn. Tarun Dave** who expressed his joy to be invited to speak on a different platform of virtual meeting. He narrated his life journey from Karachi to Surat and very proudly informed of the legacy of Architects in family from his Father being the first Architect in Surat to himself an Architect to his son Bankim and now granddaughter Parishvi also an Architect. Spoke of the projects designed by him from preparing layout of Udhna Udhayog Nagar Sangh to Adarsh Society to Shakti Nagar Society to the modern high rise building of that time Rushikesh apt. To the Bombay Market to the Rotary Eye Institute of Navsari. He also talked of his journey in Rotary from its founding to becoming President in R.Y. 1967 – 68 and receiving the Best Club District award to becoming the first District Secretary of R.I.D 306 to Leader of GSE Team to working hard as Dist. Chairman of IYE. Also, highlighted him being Founder of ICEA & The IIA and Surat Flying Club & Film Society.

Senior **Rtn. Bhupendra Bhatt** who is always seen with a smile on his face and is an enthusiastic member introduced the guest speaker Mr. Mitul Trivedi.

Young and very suave **Mr. Mitul Trivedi** initiated his talk informing of his desire to have a Vedic curriculum at the VNSGU, Surat. He made an AV presentation on Vedic Village where he explained the truth behind water conservation in ancient Surat. Surat known as Suryapur meaning healthy with Sun energy was known as centre for trading & business. He talked of the research done by him from 2006 to 2016 of various underground tunnels, roads, water sources etc. In 16th century a Lake (Talav) water use to reach individual homes; presented many references to prove his statement. In his well conceived address Mr. Mitul also talked about Father Antonio of Spain and an Italian traveller - who too had studied these water channels and sources. Also, Mr. Vasudev Smart who presented the same through his art. The famous Talavs of those days were Goip talav, Rani talav, Bhaga Talav within city and two on outskirts were in Katargam & Navabi talav; all five were inter-connected to provide water. "Tapandeha" Sanskrit name of River Tapi which means it controls temperature.

The question – answer session was equally interesting.

Hon. secretary **Rtn. Chetan Jariwala** gave information about the visit of few Rotarians and Anns to a Covid Centre where there were total 125 persons incl. 85 patients.

With renewed energy having recovered from Corona; **PP. Rtn. Dipesh Shah** proposed vote of thanks straight from the heart where he invited his better half **Ann Smruti** to join who conveyed their gratitude to the Family of Udhna for all support during the testing times when Dipesh was in hospital.

Rtn. Vishal Bhandhara adjourn the meeting.

Rtn. Nilesh Shah with his fluency and articulate style added charm to the meeting.

CORONA ATTACKED, THEY SUFFERED, THEY FOUGHT & ARE WINNERS...

Call it turbulence or disturbance or a fearful experience; this pandemic Covid -19 has left us all aghast. Few from our Family of Udhna suffered but they came out as winners and are back with us safe and healthy...

- 01) **PP. Rtn. Devang Munim**
- 02) **Ann Parvin & Rtn. Mehernosh Todiwala**
- 03) **Ann Bhavna & Rtn. Ketan Shah + Family members**
- 04) **PP. Rtn. Dipesh Shah**

WE WISH SPEEDY RECOVERY...

We wish the following members of family of Udhna speedy recovery and happy, healthy life...

- 01) **PDG. Rtn. Prafull Bhatt** had to undergo a surgery to implant a Pacemaker. He is back home and healthy.
- 02) **Rtn. Manher Dakoria** underwent an Heart Bypass surgery. He too, is back home and is recovering fast.
- 03) **Ann Nirmala ben Nandkishore Chorawala** had to undergo a surgery to implant a Pacemaker. She is back home and healthy.
- 04) **President Rtn. Vishal Merchant** fractured his right foot thumb but as usual is full in action.



Mr. Ubai Lokhandwala
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OUR MOTTO IS TO GIVE YOU THE BEST VALUE FOR YOUR MONEY

Rtn. Niraj Ravindra Choksi...Our Gratitude...

When you lose your loved one there is always a void and an emptiness in your life. On 25th July 2020 our family underwent the same feeling but within no time our friends from Rotary were with us to take care of our family.

Within a few hours we started receiving phone calls from various people and were overwhelmed by the love bestowed upon us and the kind words spoken about my father. It gave us happiness that my father Ravindra bhai, led an inspirational life and won the hearts of several people who came in his close contact.

Rotary had given him the opportunity to lead, organise, express, enjoy, celebrate and above all to SERVE which played a pivotal role in shaping his character and became instrumental in making his life inspirational. He has been associated with RCU before my birth, therefore Rotary has been flowing in my veins congenitally and knowingly unknowingly it has also played a pivotal role in my success.

Despite of being associated with several Institutions, RCU was very close to his heart and most of his true friends are Rotarians. Until now, my father enjoyed the fellowship and friendship with the senior Rotarians of his times regularly and also deeply cherished the relationship with mid level Rotarians and got along very well even with the new Rotarians of my age. He enjoyed the last few ZOOM meetings before he was admitted to the Hospital.

It is said that if you want the departed soul to be happy and rest in peace, the family has to remain happy and cool.

Our family in this moment of grief received the strength to remain healthy and happy only because of the unconditional love of the members of **Rotary Club of Udhna**. Hence we are able to pray for my father happily and remember his fond memories of the past. It is the Rotarians of the Rotary Club of Udhna who have been with our family during all good and bad times during the last 50 years.

The prayers, the warmth and the thoughts expressed in the Shradhanjali meeting and the views expressed in the Bulletin should have certainly reached to my father and must have given him peace and happiness.

Our family is humbled, moved and touched by this gesture.

On behalf of my family, **especially my mother Minooben**, I thank all the members of the Rotary Udhna family, past Rotarians, Rotarians from other clubs and non Rotarian common friends from the bottom of our heart. Sorry for not quoting individual names.

While his physical self is not with us but his memories are eternal, I will try to move on his foot steps and keep the legacy he has left alive. Our family would be obliged if it could be of any help to the Rotary Family.

I end up with a quote dedicating it to the members of Rotary Club of Udhna

“ Anyone can love a rose, but it takes lot to love a leaf. It is ordinary to love the beautiful, but it's beautiful to love the ordinary.” OM SHANTI

Know Your Rotarian: Rtn. Pooja Khatiwala



A Mechanical engineering and MBA-Finance graduate from the Universities of Pune and Mumbai respectively and a Banker by profession. I started my career in Banking with Large Corporate finance – lending to and managing accounts of many blue chip companies like Reliance Industries, L&T, BPCL, HPCL, Nuclear Power Corp, Welspun, NBFCs and Mutual Fund houses. I changed gears then and moved to the Treasury – trading in Currency and Interest rate Derivatives. While I enjoyed the bustling, fast-paced life of Bombay, I thought it was time to move back to the comforts of my hometown - Surat. In Surat, I again took up Corporate banking and now I am trying my hands at a completely new arena of Priority Sector Lending.

I was fortunate to be GSE team member to Chicago, USA in 2012. There, while attending the club meetings and interacting with the Rotarians, I realised there is more joy in giving than in receiving and the Rotary and the Rotarians stand by these values. Finally, life has come full circle and August last year, I joined my sponsor club – the Rotary Club of Udhna, with the hope to be a better, giving person and contribute to the society with the best of my ability.

The state of subconscious affairs – Rtn. Pooja Khatiwala

As part of an experiment to explore the human mind, a survey was conducted with 25 people (16 men and 9 women) and all were asked to solve the same riddle.

Riddle: A father is about to bring his son to a job interview, applying for a position at a large stockbrokers' company. Just as they arrive at the company's parking lot, the son's phone rings. He looks at his father who says..."Go ahead, answer it". The caller is the trading company's CEO who says..."Good luck son, you've got this." The son ends the call and once again looks at his father, who is still next to him in their car. Question: How is this possible???

Take a moment to answer the riddle before you read ahead.

The responders from the survey gave all possible replies. **Some go like this...**

1. How is it possible?
2. He has two fathers
3. The father in the car, is a ghost
4. His grandfather called
5. It's a joke
6. The child's name is 'Son'
7. Maybe an old man is calling a younger guy 'Son'.
8. I have no idea!



The correct answer : It's his mother.

When the answer was revealed to the responders, they all immediately realised they were biased. This is about gender equality at sub-conscious level.

Responders' reactions to their own answers afterwards:

A Male responder: "I always thought I was not sexist but the sub-conscious biases are so deeply rooted that it didn't cross my mind that the answer could be a 'woman'."

A Female responder: "How much bias I still have in terms of thinking that the CEO needs to be a man."

A Female responder: "I definitely was picturing a man while solving this riddle"

A Female responder: "CEOs identify with males more than females"

A Male responder: "When I think about CEO or someone in a very high position, I mostly think of men."

A Male responder: "It's a shame how we think"

A Female responder: "It's so weird, because I'm a CEO and I'm a woman."

A Female responder: "I want to be a CEO, why didn't I think about that?"

I was brought-up in an environment where my opinions were always heard and considered seriously. At work, more often I am assigned roles and responsibilities which make even my male peers envious. Given this backdrop, I always felt feminism was a bit over-hyped. At least in urban areas there is hardly any discrimination and fair opportunities are almost always presented based on merit.

However, when I went on to answer the riddle and came up with all absurd and weird answers, it did not even occur to me that 'a woman' could be a possible answer. I was jolted to the core.

While feminism features so proudly in our conversations and we are also making active efforts to let women shine on all fronts, we need to galvanize ourselves for tangible change in our mindset. Now, often we say that women can be the CEOs or in a position of power but we need to work on getting it ingrained in our sub-conscious minds. A corner office and a seat at the table can very deservedly belong to a woman. She can be the boss who calls the shots - needs to be instilled in us! Next time when such a riddle manifests in any form, our answer should reflect our sincere feminist sub-conscious attitude.

Challenge the stereotypes. Fight the bias within us. Let's change our mindset.